

WARWICK
BOAT CLUB



TENNIS • SQUASH
ROWING • BOWLS

TENNIS COACHING FOR ALL

WARWICK BOAT CLUB



COACHING OPPORTUNITIES



INDIVIDUAL LESSONS

Individual lessons, by arrangement with our club coaches, are available at most times. You are welcome to identify areas you would like to improve in your game, or let the coach decide

MID-WEEK GROUPS (term time only)



Midweek groups are run weekly in 1.5hr sessions on Wednesday, Thursdays & Fridays. Different skill levels are catered for - from beginners to team standard - our coaches will suggest the group most appropriate for you.

Many players have been regulars in these groups for years, and keep coming back because they are so much fun, AND you can always improve!

From about 4-5 years old, all levels of junior coaching are catered for. Juniors are the future of our club, so are highly valued and safeguarded. These groups run during school term time in 10 week blocks.

Your child will progress through all the levels of mini-tennis, usually starting in weekday afterschool groups, and then progressing to 3 graded sessions from 8.30 am on Saturday

mornings. Juniors who enjoy competing can progress their national LTA rating through local and national competitions. These are professionally organised and include Junior Aegon and South Warwickshire Doubles Competitions.

Many juniors have been welcomed into senior team tennis, after showing promise at coaching.

JUNIOR GROUPS (term time only)



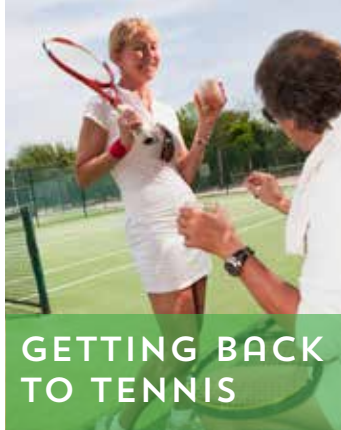
For further details, or to contact individual coaches, please visit the page below on the club website

www.warwickboatclub.co.uk/tennis-coaching/

MIX-IN SESSIONS SATURDAYS 1-3 PM

Free group for beginners, lower level players, and those getting back to tennis - a chance to play alongside others under the guidance of a coach or a team player.

The mix-in is designed to give confidence and direction, and of course the opportunity to socialise with other players. They consist of drills, technical and tactical points, and the rules of the game.



GETTING BACK TO TENNIS

JUNIOR CAMPS



HALF-TERMS, AND SUMMER HOLIDAYS

for 5-16 yr olds

Tennis camps are available in half terms and summer holidays.

They offer 5 hrs of fun activity geared towards developing agility, balance and coordination and of course racquet skills with a 1 hour tournament each day. Bring a packed lunch and have a blast!
Times are 9am-2pm each day

For a group of people who wish to be coached together, or have a specific coaching requirement - for example working on serving skills or improving volleying - a group session can be tailored to your wishes.

Contact the tennis manager to discuss what you have in mind.

CUSTOM DESIGNED



Contact the Warwick Boat Club

33 Mill St, Warwick, Warwickshire, CV34 4HB

Telephone

Clubhouse Foyer: 01926 492043

Administration / Membership: 01926 407938

Email:

admin@warwickboatclub.co.uk

www.warwickboatclub.co.uk

THE COACHING TEAM



GAVIN HENDERSON

Tennis Manager

A CCA level 4 coach, Gavin has worked as a Warwickshire county coach for 5 years prior to taking the position of tennis manager at the Warwick boat club. He works with players of all standards making sure they reach their full potential in an enjoyable and energised way! Gavin still finds time to captain the Warwickshire over 35 team and play national veterans' competitions. Phone: 07787 568642
tennis.manager@warwickboatclub.co.uk



JENNY WAGGOTT

Jenny has represented Great Britain in veterans international events for many years, winning 6 gold medals, and a collection of bronze & silver. She represents Warwickshire and of course, WBC a team that won 2 gold medals in the European Club Championships. She has a wealth of experience in coaching both adults and juniors - tactically as well as technically. **Jenny will go out of her way to help players in any way she can.** Phone: 07801 662683



HARRY GREEN

Harry Green qualified in 2004 as a tennis coach with the Professional Tennis Registry. He has been teaching tennis at the Warwick Boat Club since 2006. Harry is a qualified first aider and is Ofsted registered. Harry is available for coaching on Mondays, Fridays and Sundays. He also offers video analysis on request. Phone: 07740 588376



CAMERON MALIK

Cameron is a level 3 performance coach and a men's senior county player with a rating of 2.2. From 2009-12 he was on an International Sports Scholarship for tennis at The University of Stirling. He was tennis coach at the LTA High Performance Centre: Halton UK - from 2014-16). **All the player needs to bring to the court is their best effort in mind and body, a positive attitude and their racket.** Phone: 07910 983965



JACKIE ROBINSON

LTA Coach Level 4 qualification. GB Seniors International, and Warwickshire County player. Member of the WBC over 60 team that won the European Club Championships in 2012 and 2013. Started the Ladies morning coaching sessions at the Boat Club some 30 years ago and still coaching groups, although not individuals! Elected member of the National Seniors Council, and awarded OBE for services to Sport in 2011. Phone: 07973 413957



SPECIALIST COACHING EQUIPMENT

The club has purchased a Go-Pro video camera. It can be hand-held or mounted on set



positions on courts 6-11. Filmed sequences can be played back on the club TV or downloaded for home viewing. Seeing yourself play - both your good and points - can be a major asset to overall improvement.

The tennis ball machine simulates different difficulty levels, from beginner to advanced, and is able to replicate different shot angles, replicating spin and slice. It is suitable for all ages. A dedicated cupboard to house both items is in the clubroom.

