

WARWICK REGATTA 2019

NOTES FOR COMPETITORS

IMPORTANT CREW INSTRUCTIONS

- 1) The Regatta is run under British Rowing Rules of Racing and the Row Safe Guide.
- 2) Competitors must report to Registration at least 1 hour before their race to register and collect their numbers.
- 3) Numbers must be worn on the backs of single scullers, bow oarsmen and coxswains.
- 4) All crews must boat from the Warwick Sailing Club.
- 5) Competitors must pair up with their opposition at Control Commission at least 40 minutes before their race.
- 6) Crews must proceed across the river to the holding area and then on through the bridge to beyond the start when instructed to do so by the marshals.
- 7) The lowest numbered crew in each race will start on the Myton Fields side.
- 8) The course is buoyed at intervals and crews are reminded that failure to stay on the correct side of the course may result in disqualification.
- 9) On finishing their race all crews must continue beyond the landing stages before turning.
- 10) The river is narrow so we ask all competitors to be watchful, and show consideration for each other, particularly before and after racing.
- 11) All crews shall note that the finish is staggered.

LOCAL RULES

- 1) No practice is allowed before or during the Regatta. Crews doing so are liable to receive an official warning or be disqualified.
- 2) The Regatta Committee reserves the right to redraw events where crews have scratched in order to rebalance the event.
- 3) **League Events**
 - a. In small league events (up to 5 crews) each crew will race 2 others. The 2 crews with the most wins will then race each other in the final.
 - b. In large league events (6 or more crews) the event will be divided into 2 groups and each crew will race 2 other crews in its group. The crew with the most number of wins in each division will race in the final.
 - c. In the case where crews proceeding to the final cannot be decided by the number of wins the crew to enter the final will be decided by the verdicts of previous results or, if necessary, by a row off. Easily, Not Rowed Out and Disqualified verdicts will equate to 5l, 4l and 1.5l respectively.

BOATING & CIRCULATION PROCEDURE (See Circulation Plan)

1. Crews are to pair up with their opposition at Control Commission 40 minutes before their race and boat together.
2. When instructed by the landing stage marshal crews should move up the course, across the river to the holding bay where they should remain until instructed by a marshal to progress through the bridge and up past the start. Crews should then turn, pair with their opposition and proceed onto the start when asked to do so.
3. Crews should be aware that there is a weir just downstream of the start marshalling area and must not pass under the rope across the river.
4. After their race, crews must continue at least 100m beyond the landing stage before turning and returning to the rowing landing stage.
5. Crews that are staying on the water between heats should advise the marshals and follow their instructions.
6. Where possible we have scheduled league heat times close together and would envisage crews from these events either staying on the water between races or coming off the water and waiting with their boat in the landing stage compound for their next race.

SAFETY INFORMATION

- **Event Safety Adviser:** Chris Stratton (07753 661723)
- **Welfare Officer:** Olivia Joyce (07810 266622).
- **First Aid:** A qualified first aider will be on duty throughout the day. They will be located adjacent to the Regatta Enclosure in the Myton Fields and can be contacted on radio via Race Control.
- **Safety Boat:** The safety boat will be located close to the 250m umpire in front of the regatta enclosure. A second support boat will be located adjacent to the landing stage. Both boats can be contacted by radio via Race Control
- **Emergency procedure:** In the event of an incident during or affecting racing, emergency procedures will be put in place. Competitors must follow any instructions given by marshals' or officials'.
- **Inclement Weather:** In the event of a thunder storm or other extreme weather rowing may be temporarily suspended. Competitors must follow any instructions given by regatta officials'.
- **Hot Weather:** As a summer event it is important that all competitors and spectators take precautions against sunburn, sunstroke and dehydration. An accessible drinking water supply is freely available and any competitors suffering from any symptoms of the above mentioned should visit first aid.
- **Drinking Water:** Water bottles can be refilled in the tea tent
- **Food:** The tea tent will be open from 9.00am serving hot food and drinks. Discounts will be given for hot drinks to people bringing their own mugs. The bar will be open from 12 midday.
- **Emergency services:** (fire, police, ambulance) dial 999.
- **Hospital:** The nearest Accident & Emergency unit is at Warwick Hospital, Lakin Road, Warwick CV34 5BW Tel: 01926 495321
- **Site Address:** Myton Fields, Myton Road, Warwick, CV34 6PP. Grid Ref SP 29016 64684

OTHER GENERAL INFORMATION

- **Toilet and wash facilities:** Toilets and hand wash facilities are available in Myton Fields. Showers and toilets are available at the Clubhouse and extra toilets in the boating area.
- **Phone:** A public telephone is located in the WBC clubhouse outside the changing rooms. In case of emergency there will be a mobile phone available in the Registration/Race Control marquee.
- **Car Parking:** Myton Fields is a Pay and Display car park with attendants in operation all day. Towing vehicles will be issued with a free parking pass from Registration on arrival. All other vehicles will need to purchase a valid ticket. If you don't you are liable to get a parking ticket!!

FEEDBACK: We would appreciate any feedback you may have on our Regatta and the way it is run. Please get in touch by e-mail:

